

## **L.C. Senior Center Stats – August - 2010**

**Meals: Served Meals – 2210**

**Volunteer Hours - 368**

### **Activities: # of Participates**

|                                |     |
|--------------------------------|-----|
| • Arts & Crafts                | 68  |
| • Bingo                        | 90  |
| • Birthday Breakfast           | 30  |
| • Canasta                      | 38  |
| • Cardio Blast                 | 55  |
| • Community Outreach           | 14  |
| • Exercise Equipment           | 44  |
| • Health Checks                | 18  |
| • Holiday Festivities          | 30  |
| • Music Therapy                | 18  |
| • Health & Nutrition Education | 65  |
| • Rubber Bandits               | 73  |
| • Safety Education             | 18  |
| • Shopping/Errands             | 27  |
| • Silver Sneakers              | 541 |
| • Site Council                 | 19  |
| • Social Outings               | 35  |
| • Yoga                         | 130 |

**Total #'s participating in Activities: 1313**